

*The percentage of overweight children in western society has increased by almost 20% in the last ten years.*

*Discuss the causes and effects of this disturbing trend.*

Give reasons for your answer and include any relevant examples from your own experience or knowledge.

The best entertainment all ~~of over~~ the world is food and for children ~~it's-it has~~ become so interesting, well for ~~machining-mechanical~~ life ~~this-these~~ days ~~achieve tea~~ variety of ~~foodchow~~ is so easy. Advertising is targeting children with musical and colorful plays of fast food and .... How children have overweight ~~in-~~ ~~as a~~ result of overeat~~ing are-is~~ going be discussed.

Technology and modern life have been ~~played the~~ main role in changing habit~~s~~ especially ~~that habit~~ ~~the~~ meal of children, in the family ~~wherethat~~ parents have to work for ~~over-long~~ hours, children should eat fast food, they learn in the first years of life ~~tothat~~ become ~~crazylazy~~. The apartment life, online games, and watching TV lead to overweight. It ~~became-turns~~ them ~~into~~ couch potato~~es~~. Advertis~~ements~~ which ~~to~~ achieve aim~~es~~ use ~~athe~~ variety ~~of~~ foods, ~~Chicletschocolate~~, and meals. Children are watching ~~the-playsprograms wherethat~~ they ~~are~~ exposed to temptation. They think just ~~of~~ earn~~ing money~~ without ~~their-plays-are~~ considering ~~the~~ influence of ~~these programs on~~ health and overweight of children.

When I compare my childhood with today's children, I can recognize they don't have any job to move them. ~~The~~ Mobile ~~phone~~ is one of the mean~~s~~ that ~~they~~ can ~~set-sit~~ for hours and play. But in the ~~passpast~~, ~~went-going~~ out of the door and play~~ing~~ with friends was ~~mobility-an activity~~ for them.